

Healing Conversations

TALK IT OVER

KEY QUOTES

"Humility is not weakness, but strength under control."

AR Bernard

"Humility is not thinking less of yourself; it's thinking of yourself less."

CS Lewis

"Humility in conversations means learning to engage with others without making ourselves or our agenda the center of attention."

Pastor Steve

KEY SCRIPTURES

⁵ ...all of you, dress yourselves in *humility* as you relate to one another, for "God opposes the proud but gives grace to the *humble*."

1 Peter 5:5

⁴ So he got up from the table, took off his robe, wrapped a towel around his waist, ⁵ and poured water into a basin. Then he began to wash the disciples' feet, drying them with the towel he had around him.

John 13:4-5

³ Don't be selfish; don't try to impress others. Be humble, thinking of others as better than yourselves.

Philippians 2:3

Select 1 or 2 questions from each section of this guide to lead your group or house church in a discussion. Feel free to adjust as needed.

Each section is designed to follow each video segment of the message.

Video Section #1: Explore the Topic

Start it Out | Goal: Get people talking

Video Section #2: Explore what God says about the Topic

Talk it Out | Goal: Get the group talking about scripture

Video Section #3: Explore what we do with the Topic

Live it Out | Goal: Choose a question to encourage next steps

Pray it Out | Goal: Lift of prayers, petitions, and praises

Start it Out | Goal: Get people talking

- How would you rate the overall level of humility among leaders? Political? Work? Sport?
- What happens to you when you are around a person who lacks humility?
- When was the last healthy, healing, or delicious conversation you've had with another person?

Talk it Out | Goal: Get the group talking about scripture

- **Read:** 1 Peter 5:5; What does it look like to be dressed in humility as we relate to one another?
- What do you think of C.S. Lewis' definition of humility? "Humility is not thinking less of yourself; it's thinking of yourself less."

Live it Out | Goal: Choose a question to encourage next steps

- How often do you use the phrase, "What do you think?" Are you using it to genuinely learn more?
- What does it look like to use the tool of humility in your conversations this week? How can you apply this weeks message to your life?

Pray it Out | Goal: Lift up prayers, petitions, and praises

- Pray together:
- Take time to share prayer requests, and spend time praying for our church, community, country, and world. Help the members of your group to feel invited and cared for.