

# Healing Conversations

## TALK IT OVER

### KEY QUOTES

"Real Healing Conversations start with questions and actions that build bridges and encourage trust."

Pastor Steve

"When two people relate to each other authentically and humanly, God is the electricity that surges between them."

Martin Buber

"Hospitality, therefore, means primarily the creation of a free space where the stranger can enter and become a friend instead of an enemy. Hospitality is not to change people, but to offer them space where change can take place."

Henry Nouwen

### KEY SCRIPTURES

<sup>23</sup> Guard your heart above all else, for it determines the course of your life.

Proverbs 4:23

<sup>9</sup> So let's not get tired of doing what is good. At just the right time (*Kairos*) we will reap a harvest of blessing if we don't give up. <sup>10</sup> Therefore, whenever we have the opportunity (*Kairos*), we should do good to everyone—especially to those in the family of faith.

Galatians 6:9-10

<sup>7</sup> Though it cost all you have, get understanding.

Proverbs 4:7

Select 1 or 2 questions from each section of this guide to lead your group or house church in a discussion. Feel free to adjust as needed.

Each section is designed to follow each video segment of the message.

#### Video Section #1: Explore the Topic

Start it Out | Goal: Get people talking

#### Video Section #2: Explore what God says about the Topic

Talk it Out | Goal: Get the group talking about scripture

#### Video Section #3: Explore what we do with the Topic

Live it Out | Goal: Choose a question to encourage next steps

Pray it Out | Goal: Lift of prayers, petitions, and praises

### Start it Out | Goal: Get people talking

- Would you say trust is increasing in our culture or decreasing? Why?
- How do you define trust and how important do you believe trust to be in relationships?
- Is trust earned or given?

### Talk it Out | Goal: Get the group talking about scripture

- **Read:** Galatians 6:9-10; In what way do you see Healing Conversations reaping a harvest of blessing?
- **Read:** Proverbs 4:23; What is the balance between guarding your heart and lowering your "Drawbridge?"
- What are some takeaways for you from how Jesus treated people?

### Live it Out | Goal: Choose a question to encourage next steps

- What does it look like to T-R-U-S-T (*Time, Relationship, Understanding, Sensitivity, and Tenacity*) this week?
- How important is it to keep investing in the process of building trust?

### Pray it Out | Goal: Lift up prayers, petitions, and praises

- Pray together:
- Take time to share prayer requests, and spend time praying for our church, community, country, and world. Help the members of your group to feel invited and cared for.