

the book of EPHESIANS

LIFE IN CHRIST

TALK IT OVER

KEY SCRIPTURES

⁸ For once you were full of darkness, but now you have light from the Lord. So live as people of light! ⁹ For this light within you produces only what is good and right and true.

¹⁰ Carefully determine what pleases the Lord. ¹¹ Take no part in the worthless deeds of evil and darkness; instead, expose them. ¹² It is shameful even to talk about the things that ungodly people do in secret. ¹³ But their evil intentions will be exposed when the light shines on them, ¹⁴ for the light makes everything visible. This is why it is said, "Awake, O sleeper, rise up from the dead, and Christ will give you light."

Ephesians 5:8-14

¹² The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let us put on the armor of light.

Romans 13:12 (NKJV)

KEY QUOTE

"It's impossible for darkness and light to co-exist."

"Light and darkness are in a constant battle for you"

"It's not our light, it's Christ light in us!"

LIGHT AND...

- Love
- Example of Christ
- Sacrifice
- Thankfulness to God

DARKNESS

- Sexual Immorality
- Impurity
- Greed
- Obscene stories
- Foolish talk
- Coarse jokes

Select 1 or 2 questions from each section of this guide to lead your group or house church in a discussion. Feel free to adjust as needed. Each section is designed to follow each video segment of the message.

- **Video Section #1: Explore the Topic**
 - > Start it Out | Goal: Get people talking
- **Video Section #2: Explore what God says about the Topic**
 - > Talk it Out | Goal: Get the group talking about scripture
- **Video Section #3: Explore what we do with the Topic**
 - > Live it Out | Goal: Choose a question to encourage next steps
 - > Pray it Out | Goal: Lift of prayers, petitions, and praises

Start it Out | Goal: Get people talking

- What was your experience growing up with the hall light?
- Pastor used the illustration of his parents coming in and opening the closet and turning on the light to expose the truth. What connection can you make between your spiritual bedroom and the things in your spiritual closet or under your bed?
- "It's impossible for darkness and light to co-exist." Spiritually speaking, what does this mean to you?

Talk it Out | Goal: Get the group talking about scripture

- Read **Ephesians 5:10-12**; What does it look like to, "Carefully determine what pleases the Lord."?
- Read **Ephesians 5:14**; What does it mean for you when you hear Paul say, "for the light makes everything visible."?
- Read **Romans 13:12**; What are some practical ways you can "cast off the works of darkness?" What are some practical ways you can "put on the armor of light?"

Live it Out | Goal: Choose a question to encourage next steps

- Realizing you can't guilt or campaign for people to change, how can you be an example of light to the people around you this week?
- Practically speaking, what does it look like for you to be an "Imitator of God" this week?

Pray it Out | Goal: Lift up prayers, petitions, and praises

- How can we pray for you this week? Take notes and follow up next week.