

DON'T GIVE THE ENEMY A SEAT AT YOUR TABLE

THE BATTLE FOR OUR MIND

TALK SHEET

KEY SCRIPTURE

³For though we walk in the flesh, we do not war according to the flesh. ⁴For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, ⁵casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ,

2 Corinthians 10:3-5 (NKJV)

¹⁹Look, I have given you authority over all the power of the enemy, and you can walk among snakes and scorpions and crush them. Nothing will injure you.

Luke 10:19 (NLT)

⁸Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.

Philippians 4:8 (NLT)

THE FOUR STRATEGIES

- Strategy #1:** Identify the Thought
- Strategy #2:** Speak to the Thought
- Strategy #3:** Claim the Truth
- Strategy #4:** Walk in the Truth

QUOTES

"Sow a thought and you reap an action; sow an act and you reap a habit; sow a habit and you reap a character; sow a character and you reap a destiny."

Ralph Waldo Emerson

Your opinion isn't powerful enough to defeat the enemy, but when God's Word becomes your opinion, then you have something to fight with.

Pastor Steve

"You bind the thought, or the thoughts ends up binding you!"

Louie Giglio

Select 1 or 2 questions from each section of this guide to lead your group or house church in a discussion. Feel free to adjust as needed. Each section is designed to follow each video segment of the message.

- **Video Section #1: Explore the Topic**
 - > Start it Out | Goal: Get people talking
- **Video Section #2: Explore what God says about the Topic**
 - > Talk it Out | Goal: Get the group talking about scripture
- **Video Section #3: Explore what we do with the Topic**
 - > Live it Out | Goal: Choose a question to encourage next steps
 - > Pray it Out | Goal: Lift of prayers, petitions, and praises

Start it Out | Goal: Get people talking

- What is the funniest story when you or someone else, "changed their mind?"
- If you had to describe the highway of your mind, what would it look like?
- As Pastor Steve said, do you believe you have the power to change your mind? Why or why not?

Talk it Out | Goal: Get the group talking about scripture

- **Read, 2 Corinthians 10:3-5;** What does it mean to take thoughts captive? Can you give an example of when you took a thought captive?
- **Read, Luke 10:19;** How does the promise of God's authority over the enemy transform your thinking about the enemy?
- **Review the 4 Strategies identified in the lesson.** Have you group share a practical example of how to put a particular strategy in place.

Strategy #1: Identify the Thought

Strategy #2: Speak to the Thought

Strategy #3: Claim the Truth

Strategy #4: Walk in the Truth

Live it Out | Goal: Choose questions to encourage next steps

- **Read, Philippians 4:8** slowly. For each category, have people in your group share a God-honoring thought they can plant in their mind.

Pray it Out | Goal: Lift up prayers, petitions, and praises

- How can we pray for you this week?
Take notes and follow up next week.

START WINNING THE BATTLE OF YOUR MIND