

# bless

## TALK SHEET

### KEY SCRIPTURE

<sup>1</sup>I urge you, first of all, to pray for all people. Ask God to help them; intercede on their behalf, and give thanks for them. <sup>2</sup>Pray this way for kings and all who are in authority so that we can live peaceful and quiet lives marked by godliness and dignity. <sup>3</sup>This is good and pleases God our Savior, <sup>4</sup>who wants everyone to be saved and to understand the truth.

1 Timothy 2:1-4 (NLT)

<sup>5</sup>One of the men lying there had been sick for thirty-eight years. <sup>6</sup>When Jesus saw him and knew he had been ill for a long time, he asked him, "Would you like to get well?"

<sup>7</sup>"I can't, sir," the sick man said, "for I have no one to put me into the pool when the water bubbles up. Someone else always gets there ahead of me."

John 5:5-7 (NLT)

### QUOTE

"BLESS doesn't take more time, it simply takes more intentionality."

Pastor Steve

"We never know how God will answer our prayers, but we can expect that He will get us involved in His plan for the answer."

Corrie ten Boom

"When the people in our lives feel **unheard** and **unknown**, it ultimately leaves them feeling **unloved**."

Dave Ferguson

"When you take time to **listen**, people feel **known**, and when people feel known, they truly feel **loved and blessed**."

Pastor Steve

### BLESS

Begin with Prayer

Listen

Eat

Serve

Share

Select 1 or 2 questions from each section of this guide to lead your group or house church in a discussion. Feel free to adjust as needed. Each section is designed to follow each video segment of the message.

#### • Video Section #1: Explore the Topic

> Start it Out | Goal: Get people talking

#### • Video Section #2: Explore what God says about the Topic

> Talk it Out | Goal: Get the group talking about scripture

#### • Video Section #3: Explore what we do with the Topic

> Live it Out | Goal: Choose a question to encourage next steps

> Pray it Out | Goal: Lift of prayers, petitions, and praises

### Start it Out | Goal: Get people talking

- What's the best place or experience to which you've been invited?
- Think about or write down at least one person you could potentially bless where you live, work, buy, and play.
- Review **BLESS** then ask, "what are some initial ways you can live out the BLESS principles without adding more time to your schedule?"

### Talk it Out | Goal: Get the group talking about scripture

- Read, 1 Timothy 2:1-4, then ask; what stands out to you from this passage?
- We probably all know what it feels like when someone listens to us with intentionality and love AND what it feels like when someone doesn't listen well. What are some ways to be a good listener?
- How have you experienced "Beginning with Prayer?"
  - Are you aware of people who have prayed for you? How did that bless you?
  - For whom have you prayed? What happened next?
- How have you experienced Listening?
  - Who has listened to you? How did that bless you?
  - To whom have you listened? What happened next?

### Live it Out | Goal: Explore next steps regarding the topic

- Ask God to show you one way you can follow Him more closely and deeply this week. As you put it into practice, pay attention to how it affects your physical, mental, and/or spiritual life.
- Ask God to give you a divine appointment this week.

### Pray it Out | Goal: Lift up prayers, petitions, and praises

- How can we pray for you this week?  
*Take notes and follow up next week.*