

# bless

## TALK SHEET

### KEY SCRIPTURE

<sup>31</sup> Jesus left Tyre and went up to Sidon before going back to the Sea of Galilee and the region of the Ten Towns. <sup>32</sup> A deaf man with a speech impediment was brought to him, and the people begged Jesus to lay his hands on the man to heal him.

<sup>33</sup> Jesus led him away from the crowd so they could be alone. He put his fingers into the man's ears. Then, spitting on his own fingers, he touched the man's tongue. <sup>34</sup> Looking up to heaven, he sighed and said, "Ephphatha," which means, "Be opened!" <sup>35</sup> Instantly the man could hear perfectly, and his tongue was freed so he could speak plainly!

<sup>36</sup> Jesus told the crowd not to tell anyone, but the more he told them not to, the more they spread the news.

Mark 7:31-36 (NLT)

### QUOTE

"Transformed people, transform people."  
Pastor Steve

"You can't give it, if you haven't received it."  
Pastor Steve

### BLESS

Begin with Prayer

Listen

Eat

Serve

Share

Select 1 or 2 questions from each section of this guide to lead your group or house church in a discussion. Feel free to adjust as needed. Each section is designed to follow each video segment of the message.

- **Video Section #1: Explore the Topic**
  - > Start it Out | Goal: Get people talking
- **Video Section #2: Explore what God says about the Topic**
  - > Talk it Out | Goal: Get the group talking about scripture
- **Video Section #3: Explore what we do with the Topic**
  - > Live it Out | Goal: Choose a question to encourage next steps
  - > Pray it Out | Goal: Lift of prayers, petitions, and praises

### Start it Out | Goal: Get people talking

- Share a time when you were so right, but so wrong at the same time.
- Can you relate to the story of Matt Emmons? How?
- What are some ways you've noticed that we tend to make serving harder than easier?

### Talk it Out | Goal: Get the group talking about scripture

- **Read; Mark 7:32** and ask, How does this verse share Jesus' heart to serve people in "Proximity"
- **Read; Mark 7:33** and ask, How does this verse share Jesus' heart to serve people "Personally"
- **Read; Mark 7:34** and ask, How does this verse share Jesus' heart to serve people "Powerfully"
- Review the 3 Ways Jesus Served and discuss how we can use each point to BLESS other people.
  1. Proximity
  2. Personally
  3. Powerfully
- **Read; Mark 7:36** and ask, Why would people ignore Jesus' instructions to not share what he did? What can we learn from that regarding **Sharing our Story**?

### Live it Out | Goal: Explore next steps regarding the topic

- What is the main difference between a "random act of kindness" and BLESS?
- What are some creative ways you've found to serve other and/or share your story?
- Who is God specifically leading you to BLESS?
- What are some practical ways you can implement BLESS into your daily routine?

### Pray it Out | Goal: Lift up prayers, petitions, and praises

- How can we pray for you this week?  
*Take notes and follow up next week.*